

Free & Reduced
Applications
Always Available
At your school office

Menu
Subject To Change

Jamestown High School
March 2012

Meal Prices:

Breakfast—\$1.00
Lunch—\$2.00
Milk—\$.50

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Everyday Entrée Substitutions:</p> <p>Chicken Patty Sandwiches & Wraps Yogurt & Grahams Salad Bar Pizza</p>	<p>Prepayment of meals always available Make checks payable to: Jamestown Schools Cafeteria</p> <p>Daily Milk Choices: 1% White Fat Free White 1% Chocolate</p>	<p>All breads are min. 50% Whole Grain</p> <p>All products are Trans-Fat Free</p> <p>Fresh Fruit Offered Daily</p>	<p><i>1</i></p> <p>Make your own Tacos w/ Lettuce & Cheese Sweet Corn Chilled Peaches Fresh Fruit Choice of Milk</p>	<p><i>2</i></p> <p>Stuffed Shells w/ Breadstick Green Beans Chilled Pineapple Fresh Apple Choice of Milk</p>
<p><i>5</i></p> <p>Popcorn Chicken w/ Bread & Butter Steamed Carrots Mandarin Oranges Fresh Apple Choice of Milk</p>	<p><i>6</i></p> <p>Chicken Parmesan on Bun Steamed Broccoli w/Cheese sauce Chilled Peaches Fresh Fruit Choice of Milk</p>	<p><i>7</i></p> <p>Hot Ham & Cheese Sub Sweet Corn Chilled Pears Banana Choice of Milk</p>	<p><i>8</i></p> <p>Goulash w/ Breadstick Tossed Salad w/ Dressing Mixed Fruit Fresh Fruit Choice of Milk</p>	<p><i>9</i></p> <p>Macaroni & Cheese w/ Dinner Roll Stewed Tomatoes Chilled Peaches Orange Wedges Choice of Milk</p>
<p><i>12</i></p> <p>Meatball Sub w/ Mozzarella Oven Fries Mixed Vegetables Fresh Apple Choice of milk</p>	<p><i>13</i></p> <p>Tangerine Chicken w/ Crispy Noodles Brown Rice Sweet Corn Chilled Peaches Kiwi Wedges Choice of Milk</p>	<p><i>14</i></p> <p>Macho Nachos Green Beans Applesauce Orange Wedges Choice of Milk</p>	<p><i>15</i></p> <p>Chicken Fajitas w/ Lettuce & Cheese California Blend-Vegetables Mandarin Oranges Fresh Fruit Choice of Milk</p>	<p><i>16</i></p> <p>Toasted Cheese Tomato Soup Fresh Broccoli Diced Pears Grapes Choice of Milk</p>
<p><i>19</i></p> <p>Popcorn Chicken w/ Bread & Butter Green Beans Chilled Pineapple Fresh Apple Choice of Milk</p>	<p><i>20</i></p> <p>“Breakfast for Lunch” French Toast Sticks Breakfast Sausage Tater Tots Orange Wedges Applesauce Choice of Milk</p>	<p><i>21</i></p> <p>Italian Sausage Sub w/ Peppers & Onions Oven Fries Diced Pears Banana Choice of Milk</p>	<p><i>22</i></p> <p>Make your own Tacos w/ Lettuce & Cheese Sweet Corn Chilled Peaches Fresh Fruit Choice of Milk</p>	<p><i>23</i></p> <p>Baked Fish On Bun Tater Tots Mixed Fruit Fresh Fruit Choice of Milk</p>
<p><i>26</i></p> <p>Pulled BBQ Pork On Bun Green Beans Mandarin Oranges Fresh Apple Choice of Milk</p>	<p><i>27</i></p> <p>Teriyaki Chicken w/ Crispy Noodles Brown Rice Celery Sticks Chilled Pears Fresh Fruit Choice of Milk</p>	<p><i>28</i></p> <p>Cheese Ravioli w/ Breadstick Steamed Broccoli & Cauliflower Applesauce Banana Choice of Milk</p>	<p><i>29</i></p> <p>Turkey & Gravy w/ Dinner Roll Mashed Potatoes Tossed Salad w/ Dressing Mixed Fruit Fresh Fruit Choice of Milk</p>	<p><i>30</i></p> <p>Bosco Sticks w/Marinara Dip Peas & Carrots Choice of Fruits Choice of Milk</p>

