

Free & Reduced
Applications
Always Available
At your school office

Menu
Subject To Change

Jamestown Middle Schools
March 2012

Meal Prices:
Breakfast—\$1.00
Lunch—\$2.00
Milk—\$.50

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Everyday Entrée Substitutions: Sandwiches & Wraps PB&J Sandwich Yogurt & Grahams Chef Salad Hamburgers— Monday, Wednesday & Friday Hot Ham & Cheese Sub- Tuesday and Thursday</p>	<p>Prepayment of meals always available Make checks payable to: Jamestown Schools Cafeteria</p> <p>Daily Milk Choices: 1% White Fat Free White Fat Free Chocolate</p>	<p>All breads are min. 50% Whole Grain</p> <p>All products are Trans-Fat Free</p> <p>Fresh Fruit Offered Daily</p>	<p>¹</p> <p>Make your own Tacos w/ Lettuce & Cheese Sweet Corn Chilled Peaches Fresh Fruit Choice of Milk</p>	<p>²</p> <p>Stuffed Shells w/ Breadstick Green Beans Chilled Pineapple Fresh Apple Choice of Milk</p>
<p>⁵</p> <p>Popcorn Chicken w/ Bread & Butter Steamed Carrots Mandarin Oranges Fresh Apple Choice of Milk</p>	<p>⁶</p> <p>Grilled Chicken Breast on Bun Steamed Broccoli w/ Cheese Diced Peaches Fresh Fruit Choice of Milk</p>	<p>⁷</p> <p>Big Daddy Pizza Cheese or Pepperoni Sweet Corn Chilled Pears Banana Choice of Milk</p>	<p>⁸</p> <p>Goulash w/ Breadstick Tossed Salad w/ Dressing Mixed Fruit Fresh Fruit Choice of Milk</p>	<p>⁹</p> <p>Early Dismissal 11:30</p> <p>Grades K-8</p> <p>Breakfast Only</p>
<p>¹²</p> <p>Meatball Sub w/ Mozzarella Oven Fries Mixed Vegetables Fresh Apple Choice of milk</p>	<p>¹³</p> <p>Chicken Nuggets w/ Dinner Roll Pinto Beans & Brown Rice Sweet Corn Kiwi Wedges Choice of Milk</p>	<p>¹⁴</p> <p>Big Daddy Pizza Cheese or Pepperoni Green Beans Applesauce Orange Wedges Choice of Milk</p>	<p>¹⁵</p> <p>Chicken Fajitas w/ Lettuce & Cheese California Blend- Vegetables Mandarin Oranges Fresh Fruit Choice of Milk</p>	<p>¹⁶</p> <p>Toasted Cheese Tomato Soup Fresh Broccoli Diced Pears Grapes Choice of Milk</p>
<p>¹⁹</p> <p>Teriyaki Chicken Brown Rice Green Beans Chilled Pineapple Fresh Apple Choice of Milk</p>	<p>²⁰</p> <p>“Breakfast for Lunch”</p> <p>French Toast Sticks Breakfast Sausage Orange Wedges Applesauce Choice of Milk</p>	<p>²¹</p> <p>Big Daddy Pizza Cheese or Pepperoni Sweet Peas Diced Pears Banana Choice of Milk</p>	<p>²²</p> <p>Make your own Tacos w/ Lettuce & Cheese Sweet Corn Chilled Peaches Fresh Fruit Choice of Milk</p>	<p>²³</p> <p>Baked Fish On Bun Tater Tots Mixed Fruit Fresh Fruit Choice of Milk</p>
<p>²⁶</p> <p>Pulled BBQ Pork On Bun Green Beans Mandarin Oranges Fresh Apple Choice of Milk</p>	<p>²⁷</p> <p>Chicken Patty On Bun Baked Beans Celery Sticks Chilled Pears Fresh Fruit Choice of Milk</p>	<p>²⁸</p> <p>Big Daddy Pizza Cheese or Pepperoni Steamed Broccoli & Cauliflower Applesauce Banana Choice of Milk</p>	<p>²⁹</p> <p>Turkey & Gravy w/ Dinner Roll Mashed Potatoes Tossed Salad w/ Dressing Mixed Fruit Fresh Fruit Choice of Milk</p>	<p>³⁰</p> <p>Bosco Sticks w/ Marinara Dip Peas & Carrots Choice of Fruits Choice of Milk</p>

